



Niterói's Bike Angel School Yearbook

2019





Bike Angel School Yearbook – Niterói, 2019

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Niterói's Bike Anjo School Yearbook — 2019

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Foreword

Since bicycles first appeared, 200 years ago, they were directly connected to feelings such as freedom, accomplishments, overcome, joy and wellness. Riding a bicycle is pretty much about accomplishments to children and also women, and it is seen as a life quality symbol over years. Learning how to ride a bicycle is something that brings those feelings up to those who practice it, but not all people have or had the opportunity to learn how to ride a bicycle due to many different reasons. And that is all Bike Anjo School (Escola Bike Anjo) or EBA is about. In Portuguese dictionaries, EBA means: expression of happiness, joy, satisfaction, enthusiasm, and also there is the word EBÁ that means that something pretty cool is about to happen or will happen eventually. Bike Anjo School is exactly what it means, providing lots of joy, satisfaction and accomplishments to participants.

In Niterói city, cyclists statistics increase year by year and EBA contributes to it and also help city to achieve goals established by World Health Organization in order to provoke an active life including possibilities to mobility in daily physical activities, as well as reaching out almost all Sustainable Development Goals (SDGs) by United Nations, which means a lot of help to Niterói city towards a cleaner and friendly environment to its citizens.

In addition to EBA, those reports work as a guide to gender distribution, circa 64.2% of participants are women that by many reasons did not have the opportunity to learn as a child and also seek to fill up this gap in the hall of good things to do in life. It is also possible to know participants' age range, it was expected to be the majority of children up to 14 years old, circa 62.8%, but what is surprising is adult and even elder people willing, circa 10% of participants from further 55 years old, that certainly seek EBA towards a revival of something left in the past, or even accomplishing something never done before.

Niterói's Bike Anjo School is probably one of the most delightful and breathtaking association in Brazil, with beautiful sunsets in Caminho Niemeyer's landscape view and promote to Niterói's citizens as well as bordering cities opportunities in learning how to ride a bicycle or even getting more confident at this art and certainly prepare Niterói city towards a delightful future with better life quality. Niterói's Bike Anjo School, since 2015 helping the city to become a better place.

Zé Lobo
Transporte Ativo



Photograph: Edna (Pixabay).

Introduction

It is very unlikely that 2020 is gonna be remembered as an ordinary year for today's generation and certainly will be mentioned in the future. Since Covid's pandemic scenario boomed, the world started to advise people to keep social distance and, in the meantime, the practice of cycling for displacements.

Considering Bike Anjo School (Escola Bike Anjo - EBA) depends not only on taking a public area to happen, but also the approaching of participants and Bike Angels (Bike Anjos), in addition to bicycle sharing, workshops could not happen over the year.

On the other hand, it is possible to declare that 2020 was a year of "many rides" to Niterói's EBA (EBA-Nit). Niterói's Bike Anjo School Yearbooks regarding all five years (2015 to 2019) of EBA-Nit's workshops were published. These documents are not restricted to inform participants' features only, but also how these workshops helped increasing urban cyclists and cycling tourism as well.

Data shows that EBA-Nit attracts people from bordering cities multiplying its actions not only to urban cycling in those cities but also to other Brazilian states and even countries with cycling tourism.

Aspects regarding social support and neighborhood environment also are visualized, since it is important to understand the variants that might contribute and/or difficult the success of this material. In the best case scenario, why not value these pieces of information in order to broaden knowledge and discussion about it in the political agenda?

After all, researches show that riding a bicycle is not restricted for displacement or recreation only, but also to a stress control experience, prevention of diseases, health rehabilitation... reasons that lead to human's wellness and might contribute effectively to less health's outlays in citizens' life but also in public government and private sectors as well.

Riding on AnEBANit leads to the answer of a simple question: how is it possible to live more? With bicycles in our lives!

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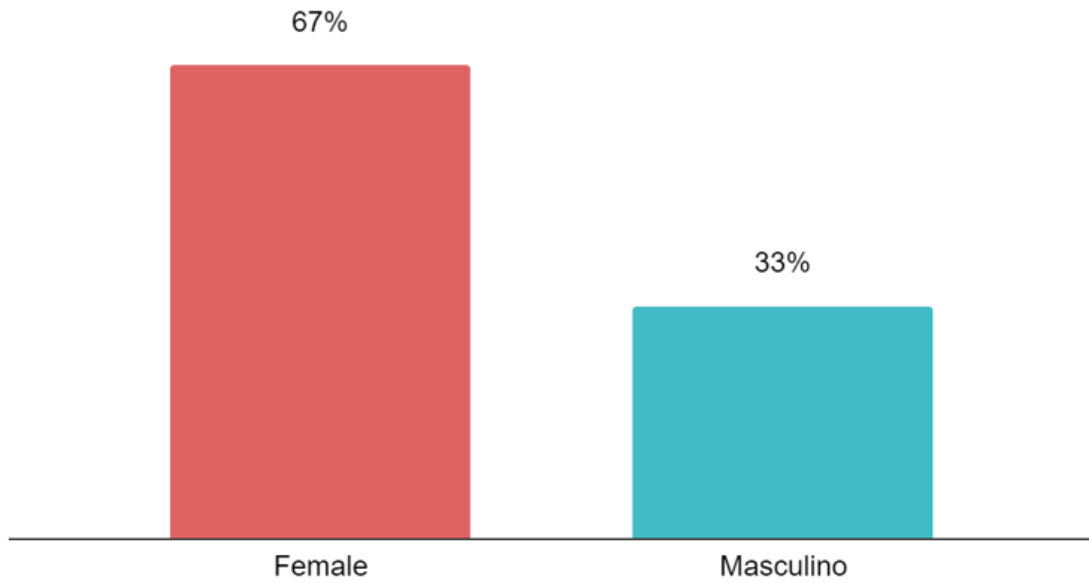
1 Niterói's Bike Anjo School (EBA-Nit)



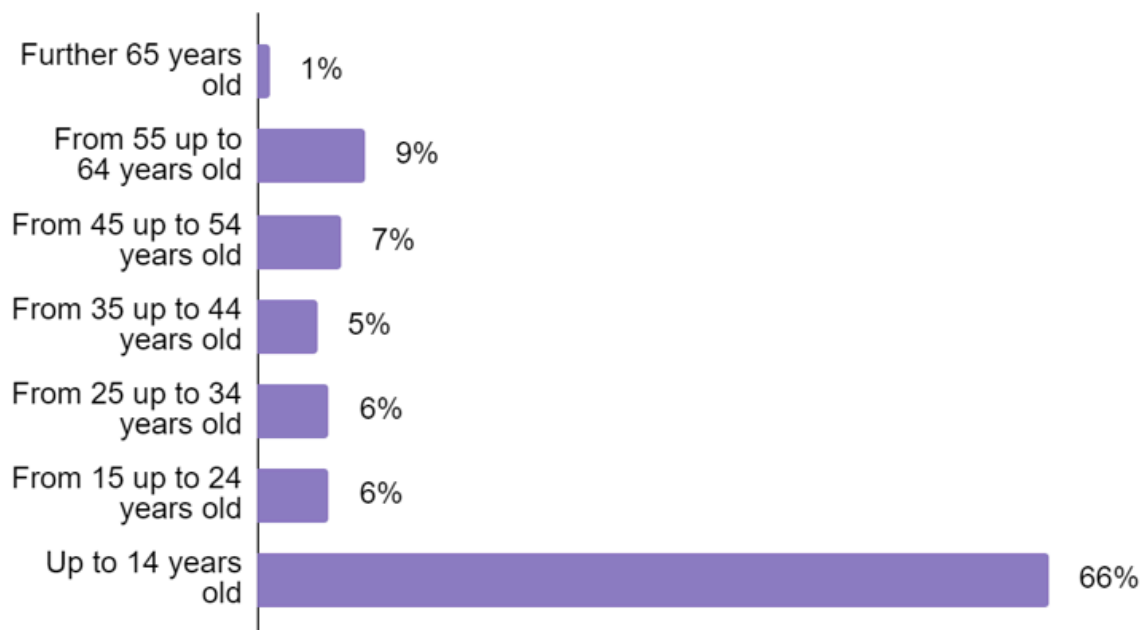
Photograph: Free-photos (Pixabay).



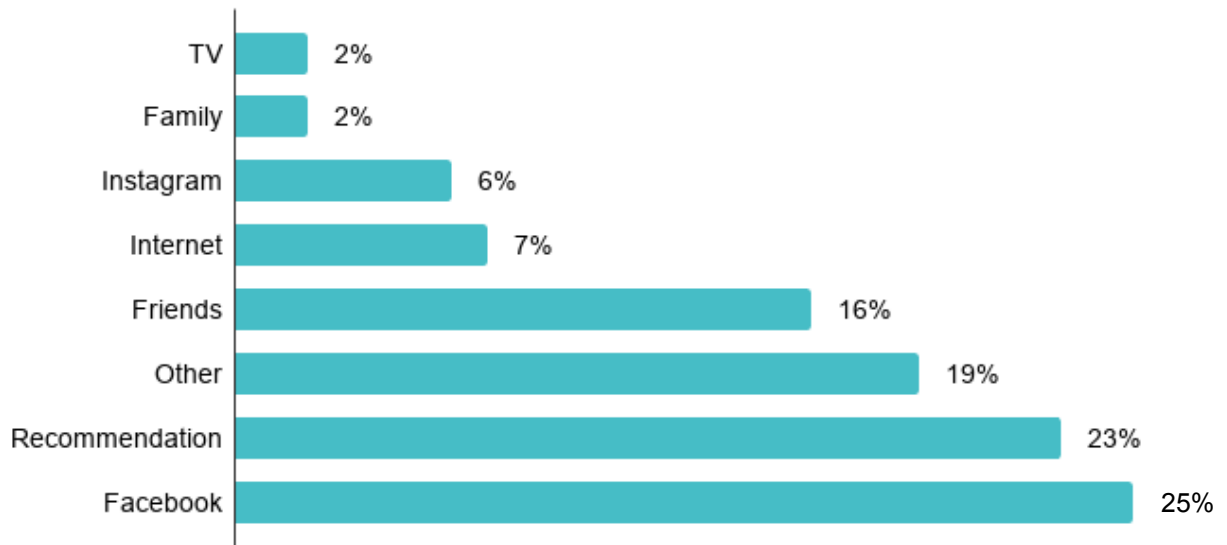
Sex



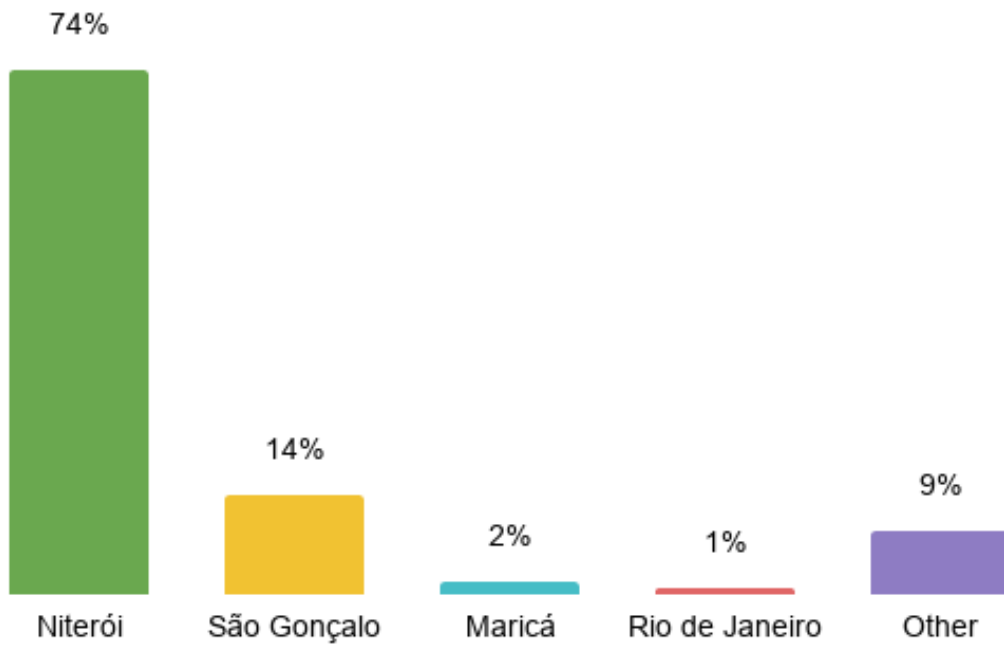
Age range



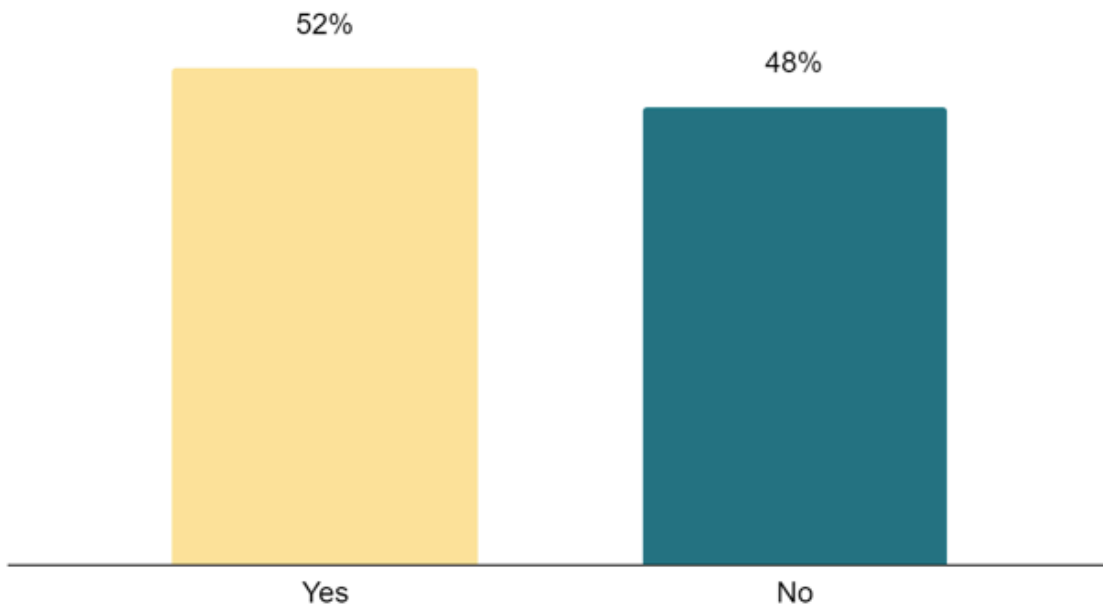
How first met EBA-nit



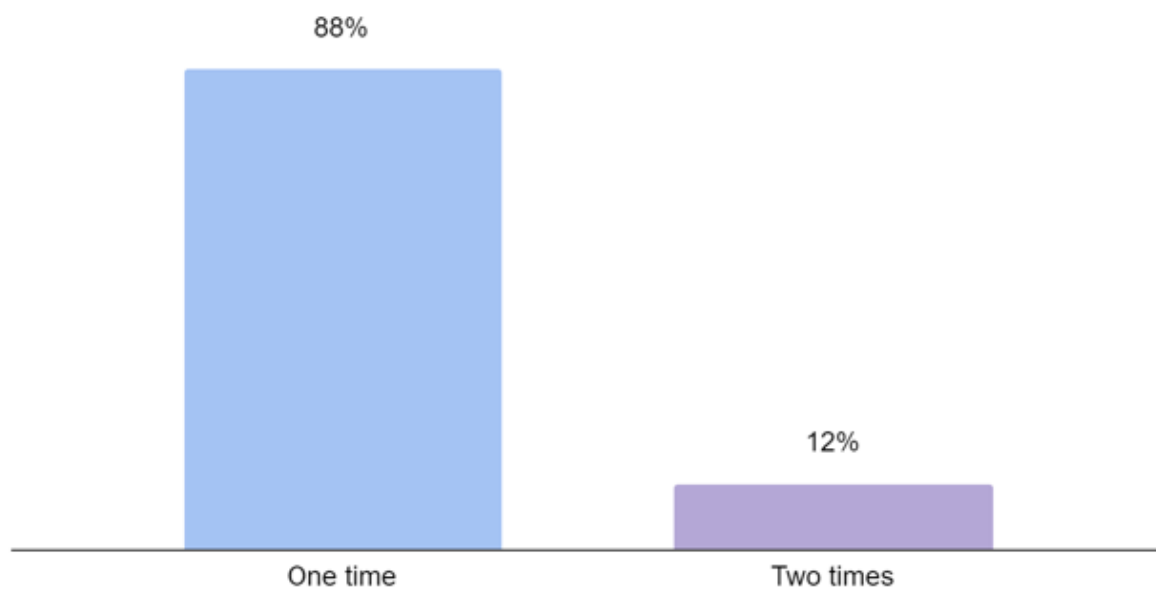
Participants' hometown



Whether the participant rode a bike when joined EBA-Nit's workshop

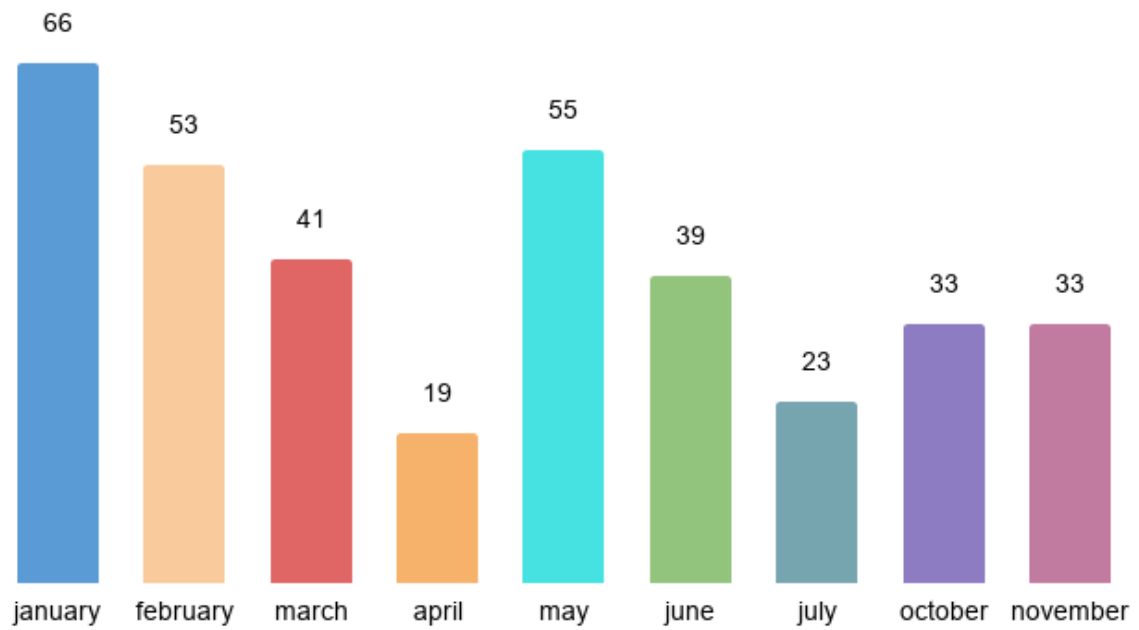


Times a year the participant had ridden a bike in EBA-Nit's 2019 workshops

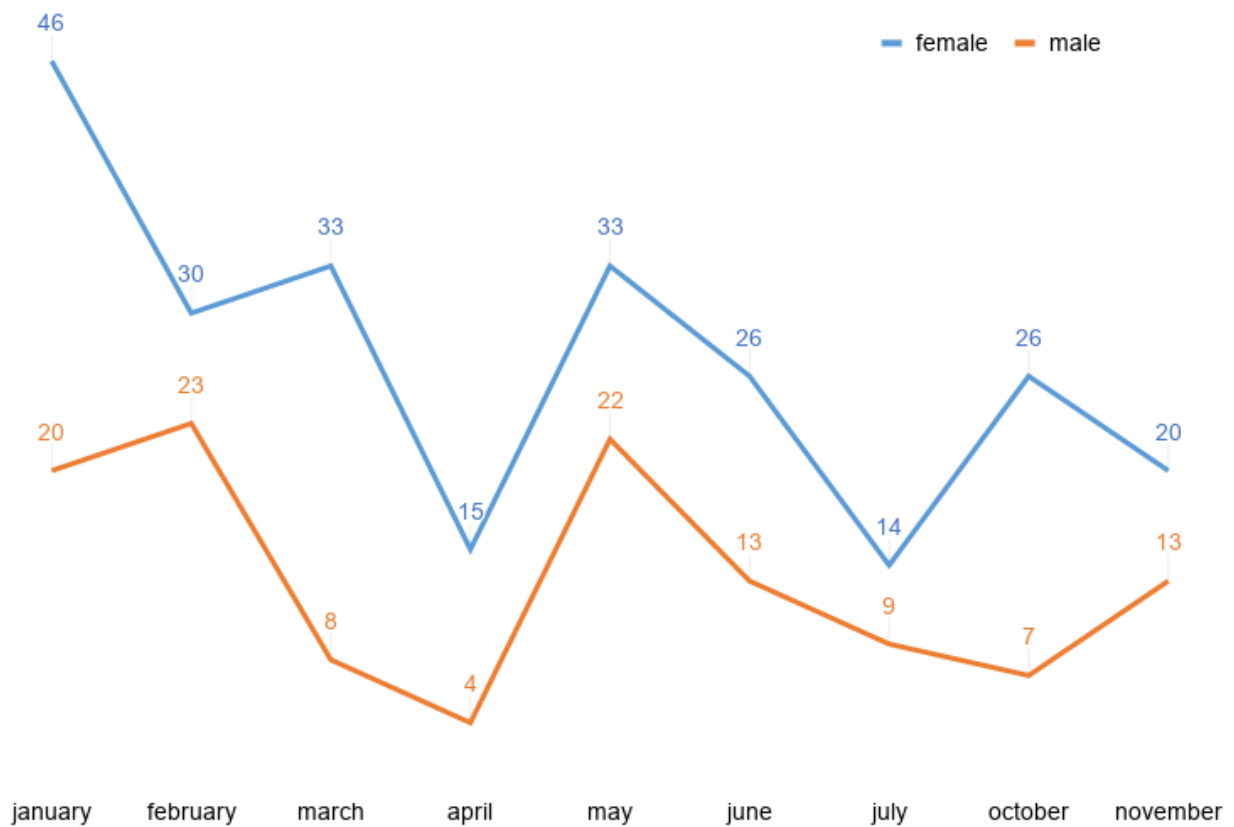




Participants statistics (per month)



Sex



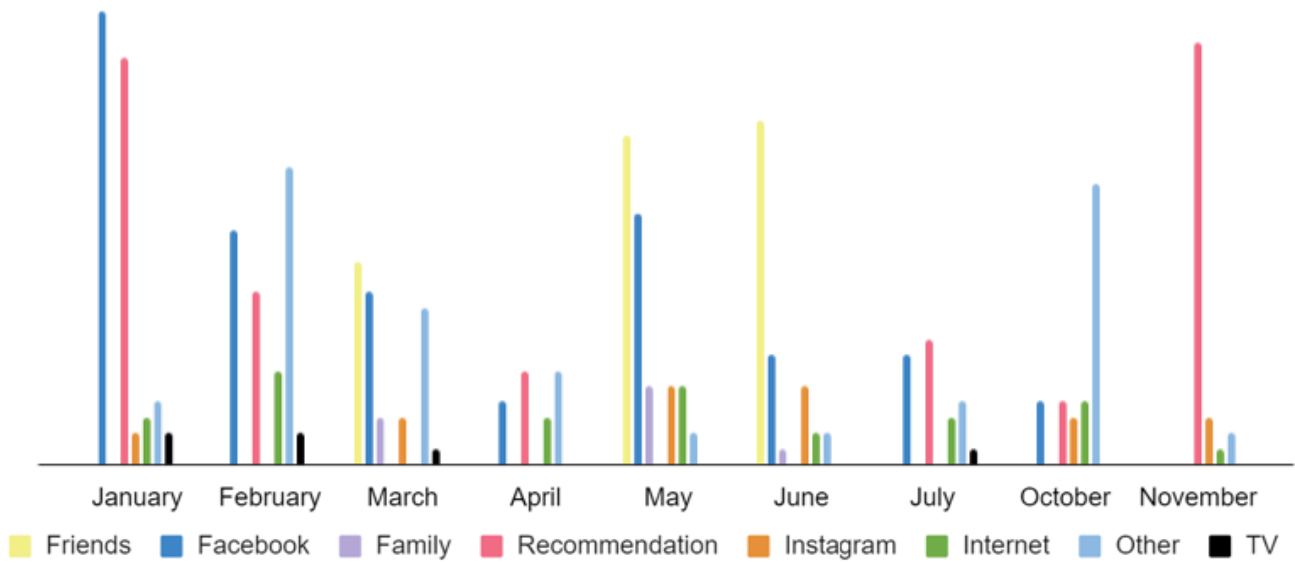
Age range (%)

	Up to 14 years old	15 up to 24 years old	25 up to 34 years old	35 up to 44 years old	45 up to 54 years old	55 up to 64 years old	Further 65 years old
January	64	8	9	6	5	8	
February	65	10	8		4	13	
March	60	5	3	8	15	9	
April	74	5		11	5	5	
May	74	2	7	4	4	7	2
June	62	10	3	5	10	10	
July	74	4			9	13	
October	70	6	6	12	3	3	
November	67	6	12		9	6	

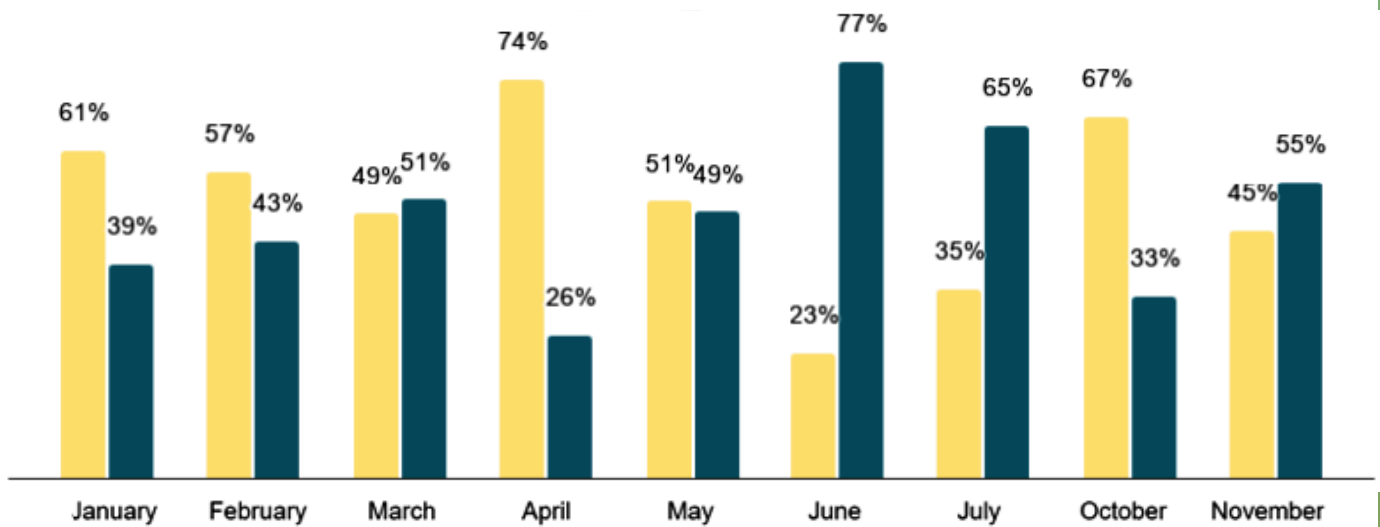
Participants' hometown (%)

	Maricá	Niterói	Rio de Janeiro	São Gonçalo	Others
January		74		17	9
February	3	75		11	11
March		78	7	15	
April	5	74		21	
May	4	87		7	2
June		59	5	23	13
July	13	69		9	9
October	3	70		6	21
November		70		18	12

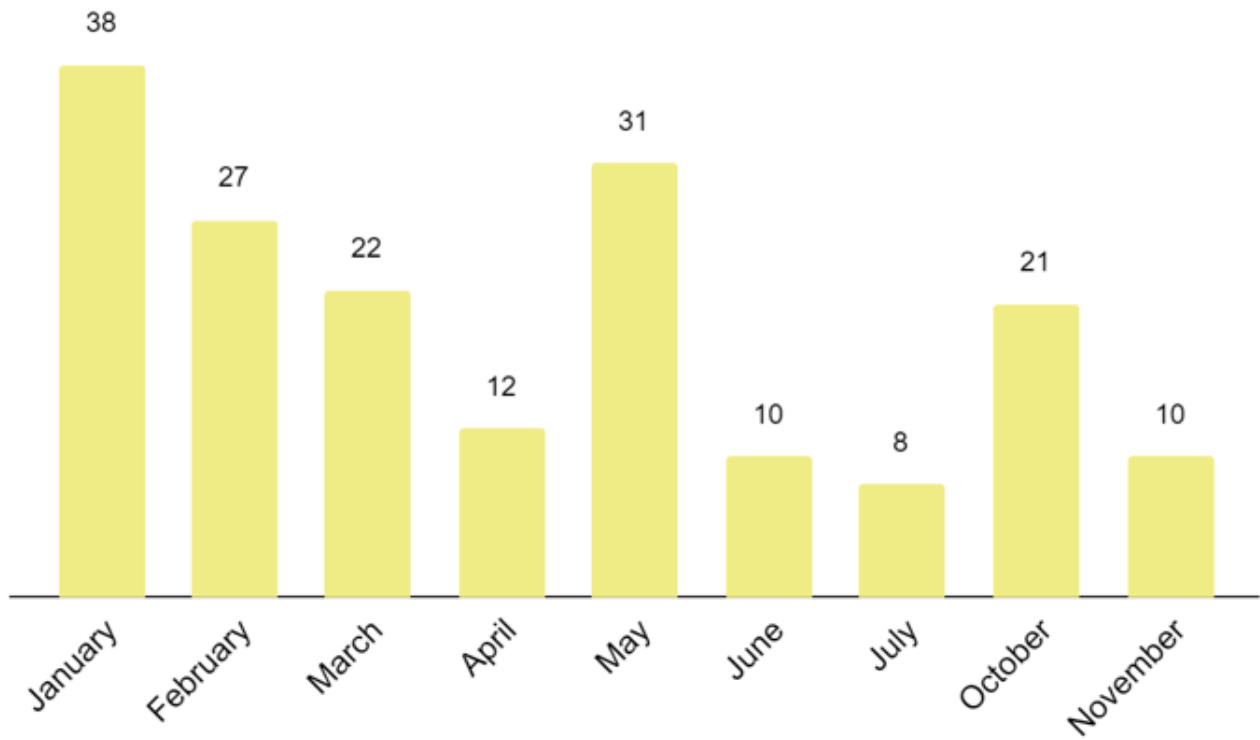
How first met EBA-Nit



Whether the participant rode a bike when joined EBA-Nit's workshop



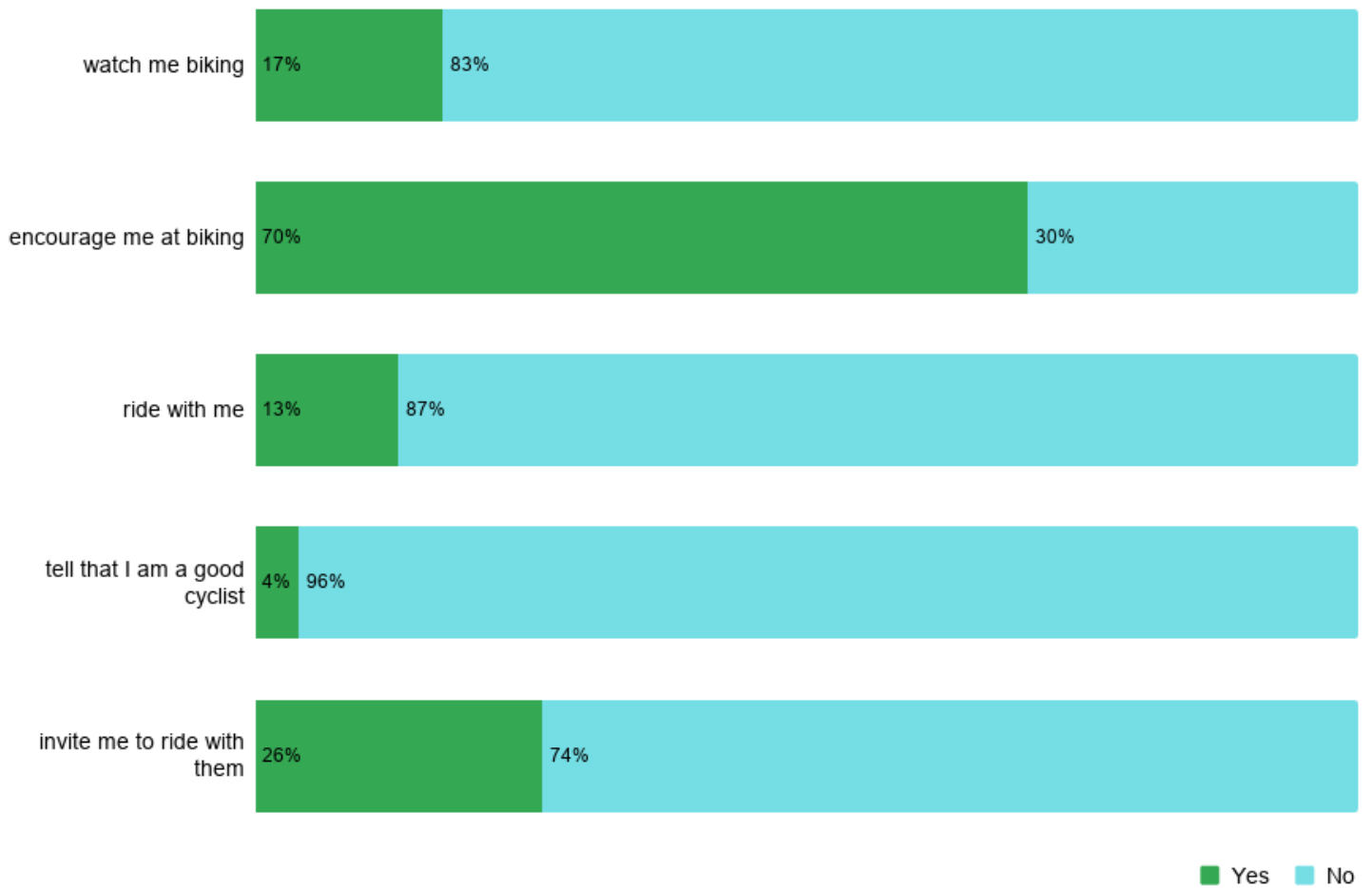
Volunteering crew statistics (per month)





Photograph: Gianni Crestani (Pixabay).

My closer friends...

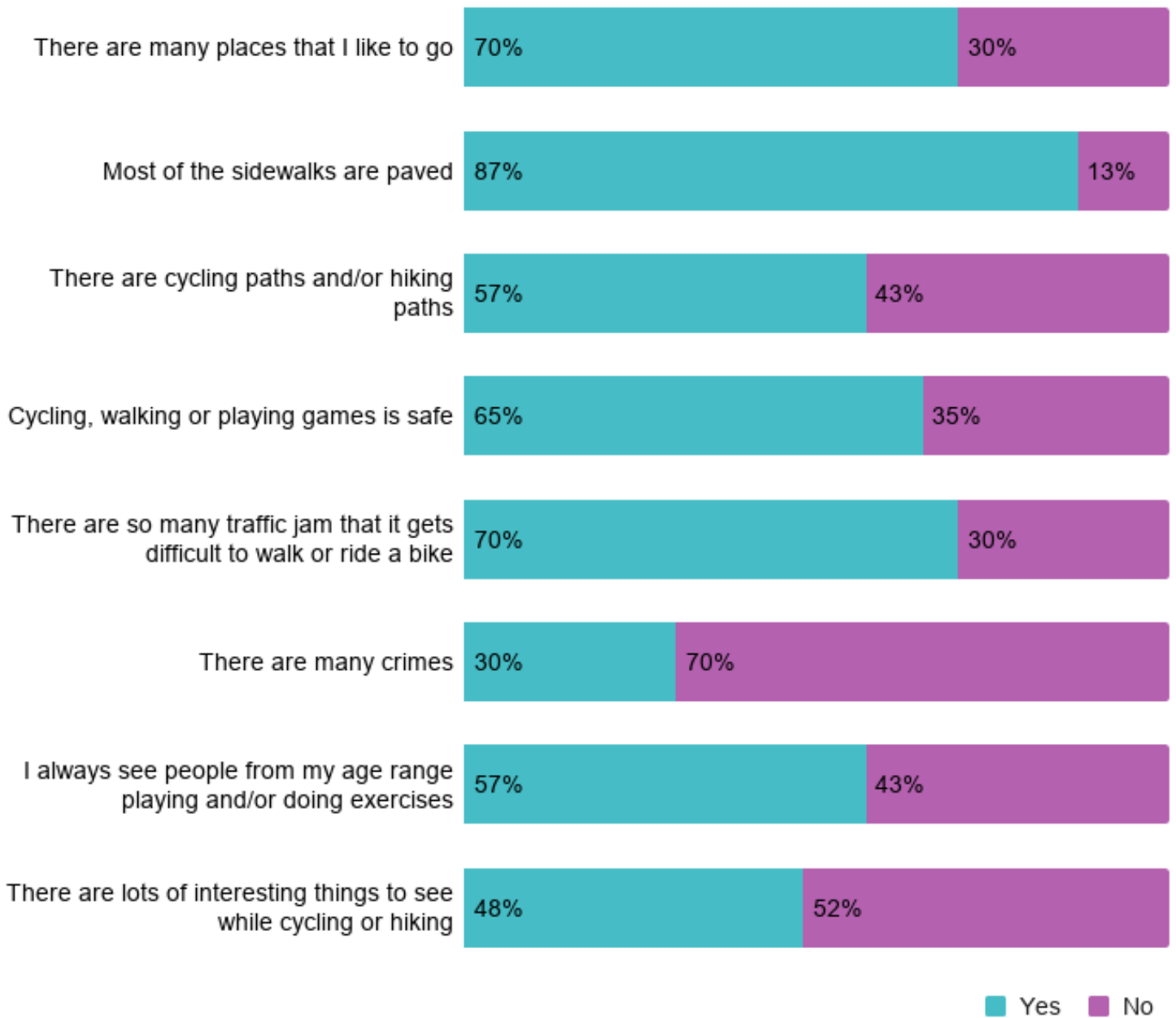


3 Neighborhood environment



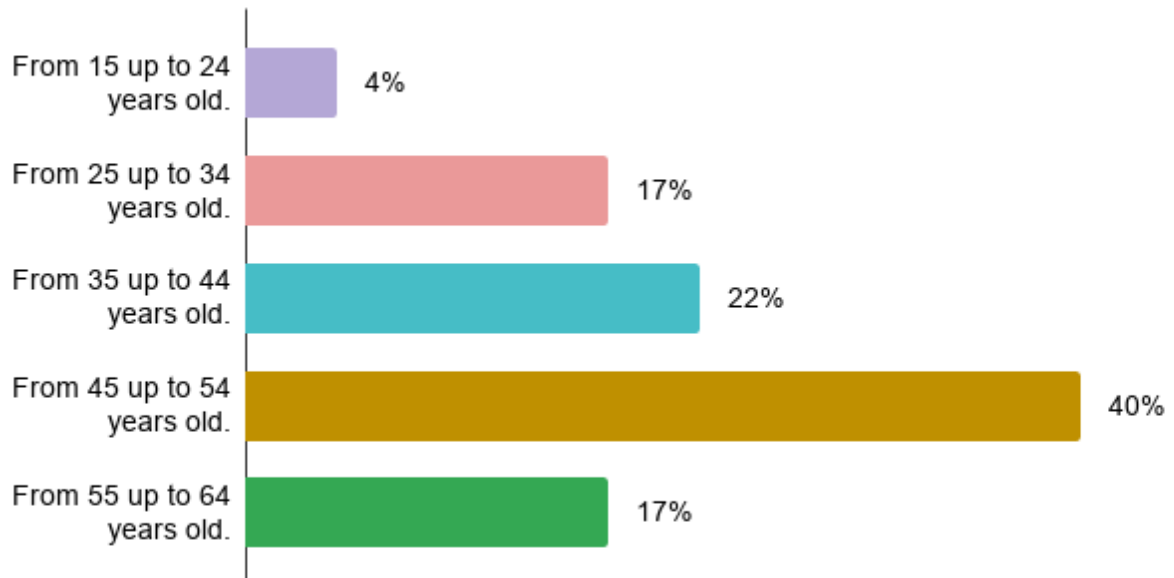
Photograph: Владимир (Pixabay).

In my living neighborhood...





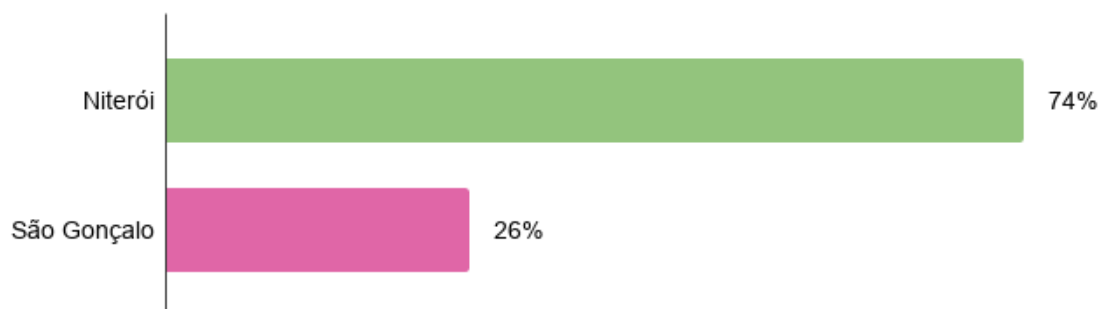
Age range



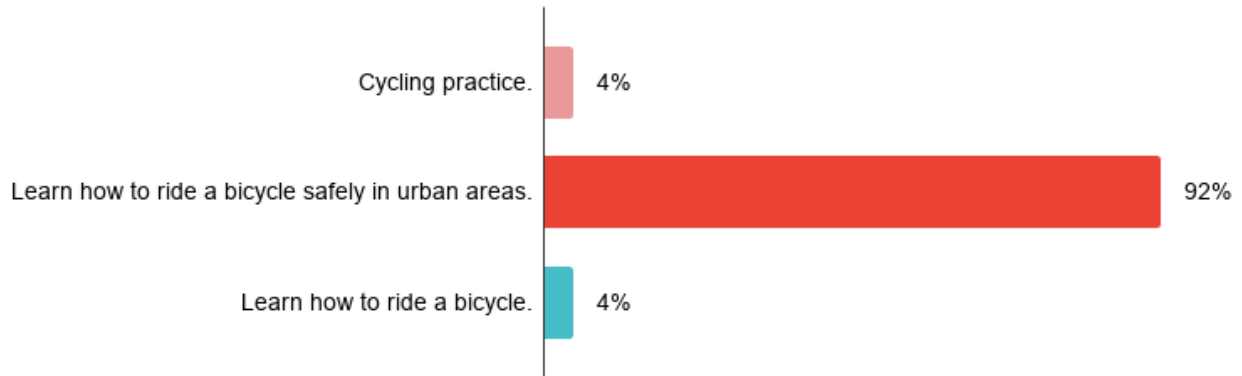
Gender



Participants' current hometown when joined EBA-Nit's workshops



Motivation to join EBA-Nit's workshop



Previous participation in EBA's workshop placed in other city



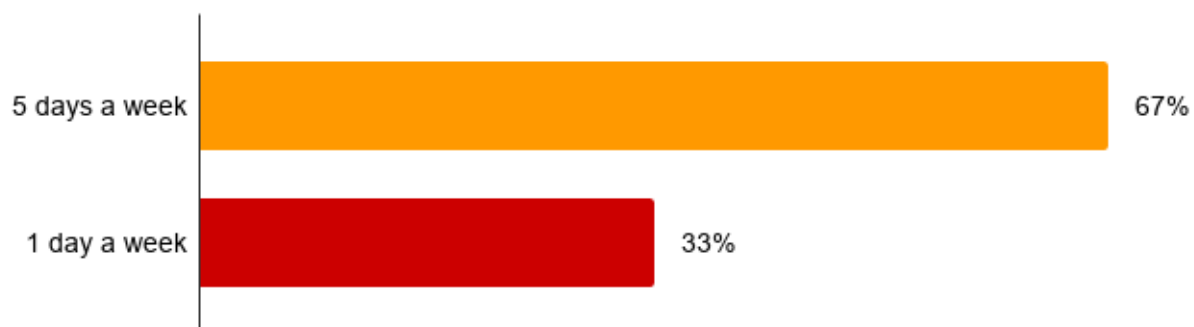
Bike Anjo's service request after participation in EBA-Nit's workshops



Use of bicycle as transportation after participation in EBA-Nit's workshops

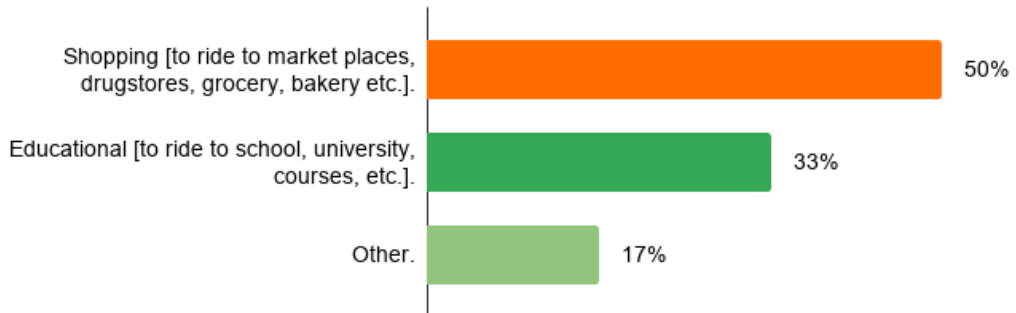


Periodicity (days per week) of bicycle used as transportation

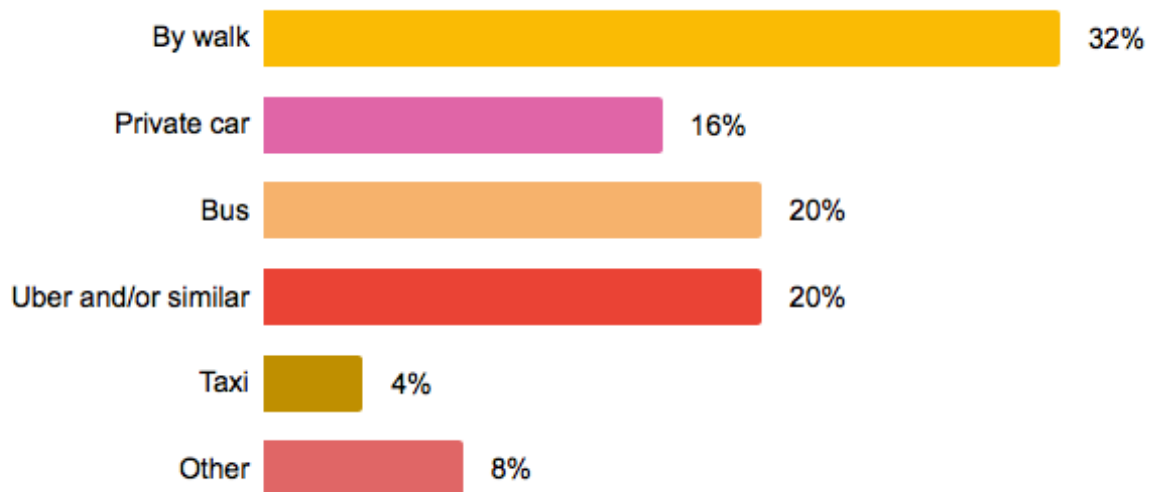


There was no register on 2, 3, 4, 6 & 7 days.

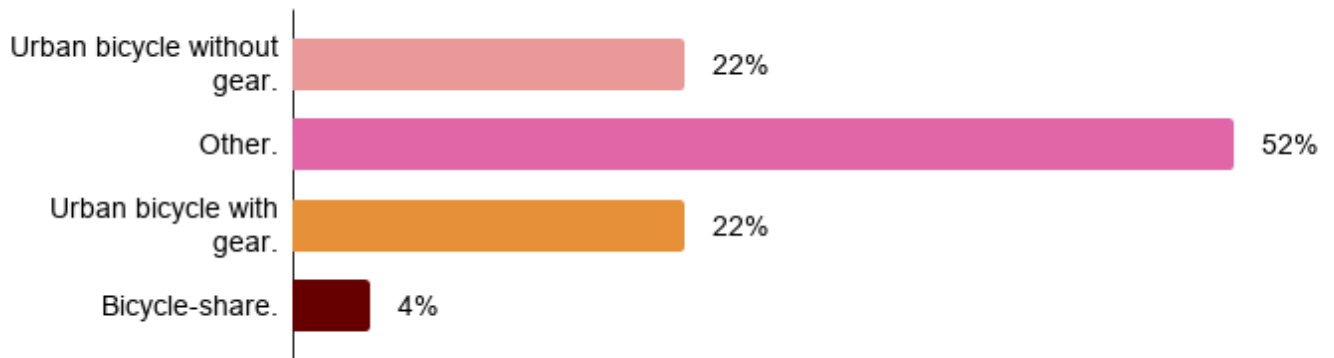
Goals to use bicycle as transportation



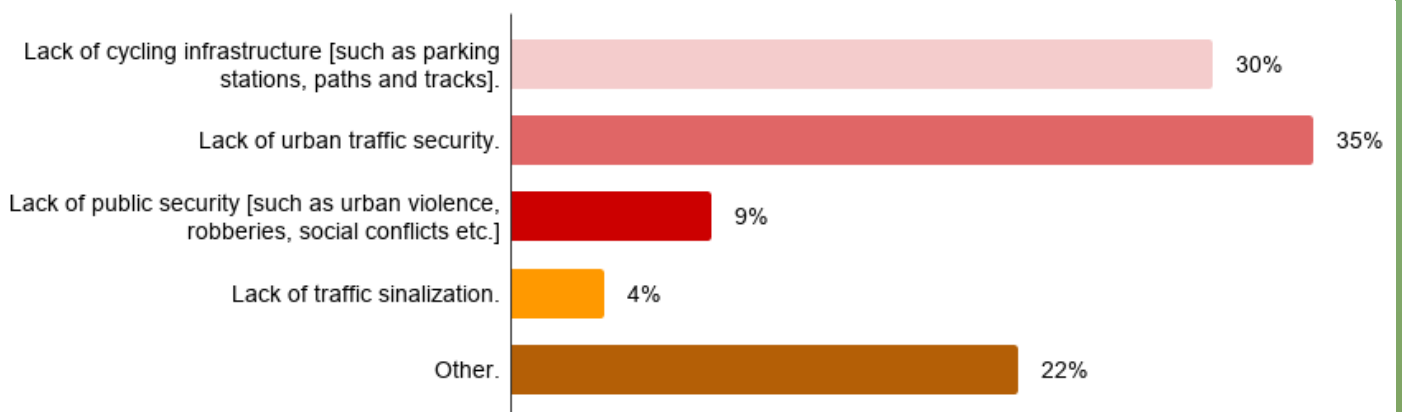
Transportation less used or replaced by bicycle



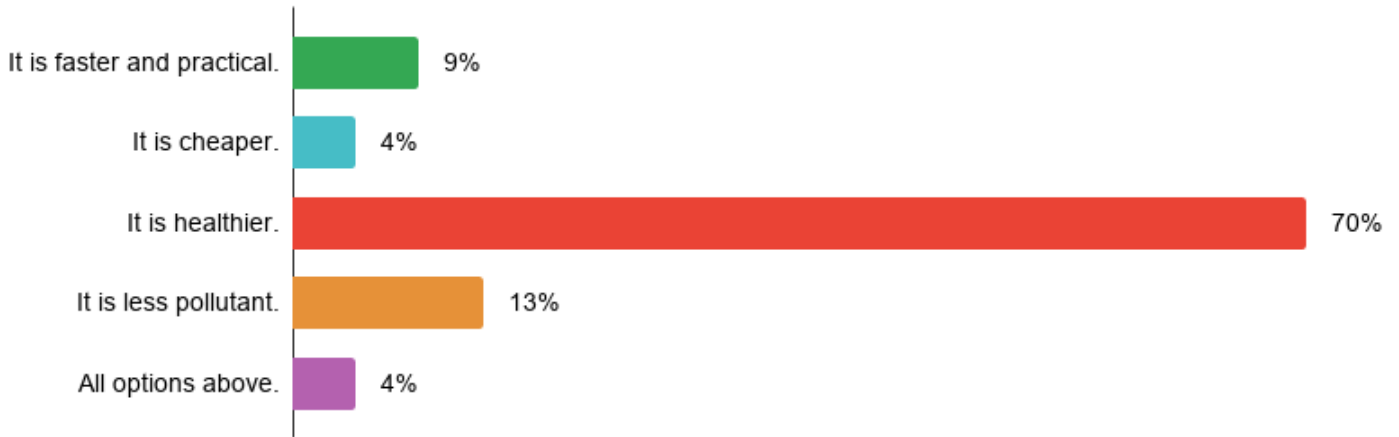
Bicycle model most used daily as mean of transportation



Main barrier not to use bicycle as transportation



Main motivation to use bicycle as transportation



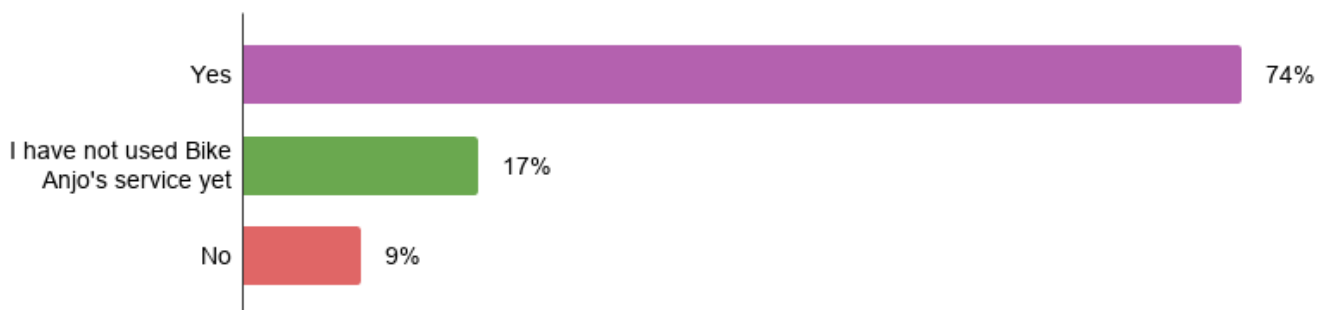
Perception regarding EBA and/or Bike Anjo as positive ways to increase urban cycling (scores from 1 to 10)



Whether recommend EBA to acquaintances



Whether recommend Bike Anjo's service to acquaintances





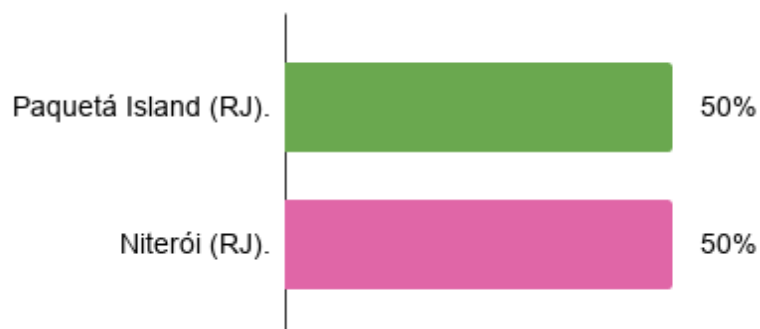
Have you ever used a bicycle in order to travel to another city(s) and/or state(s) and/or country(s)?



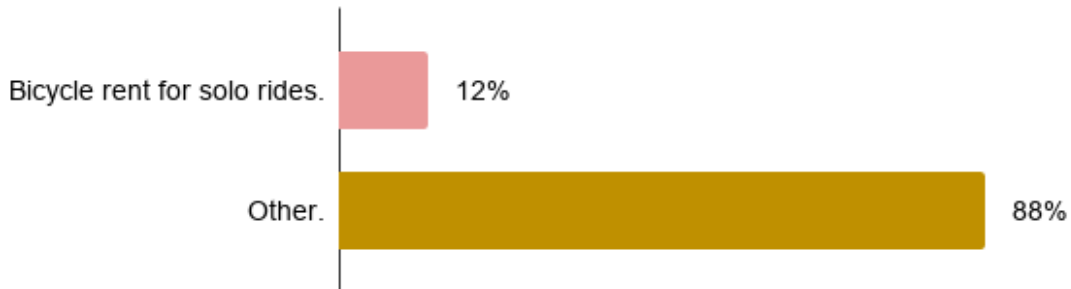
Have you ever used a bicycle in order to visit places and/or take tour at touristic destinations?



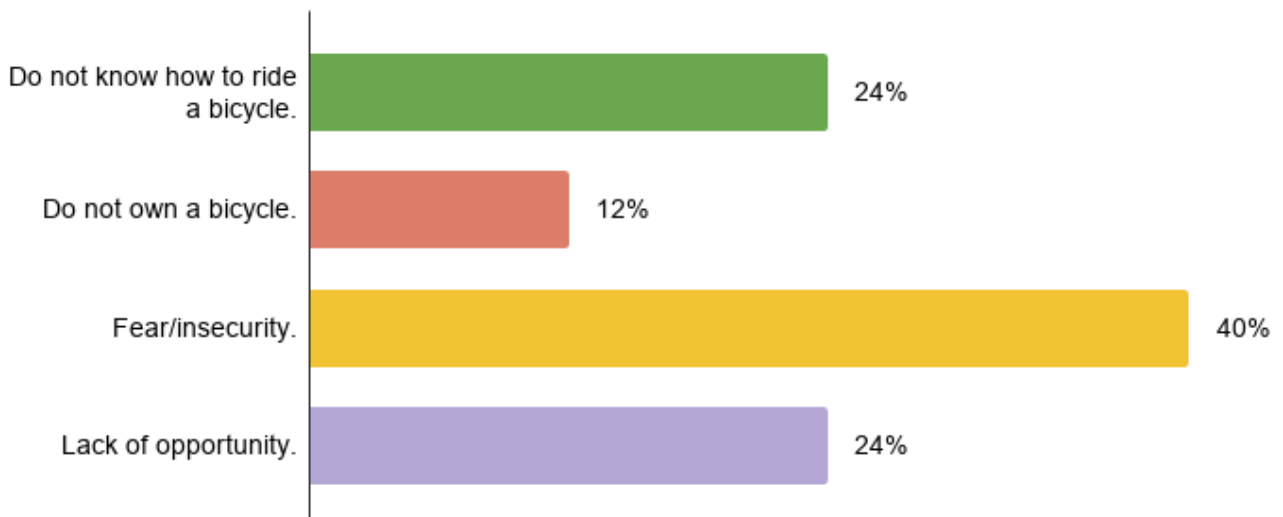
Touristic destinations where bicycle was used in order to visit places and/or take tour



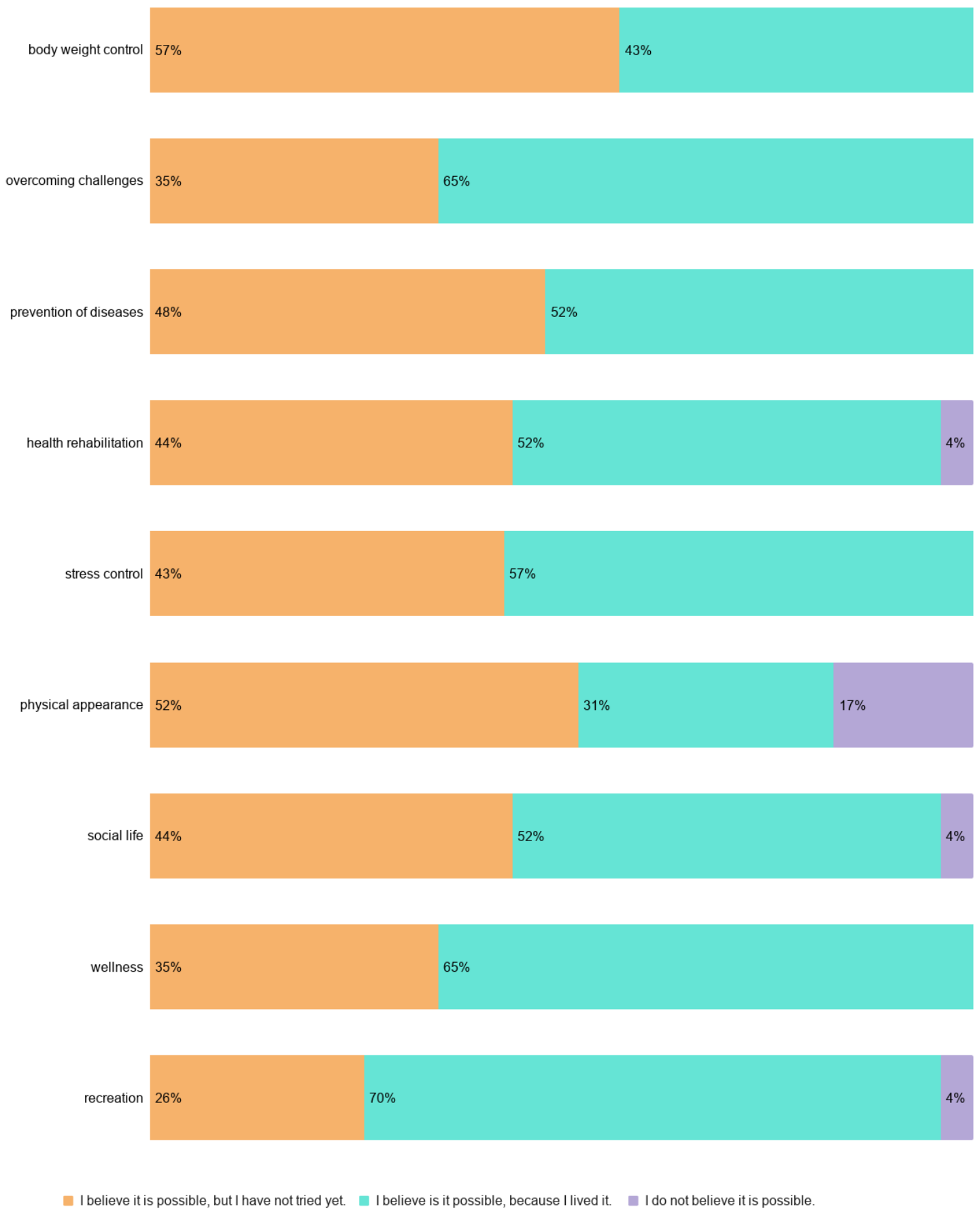
Service performed in order to visit places and/or take tour at touristic destinations



Reason why the participant had never ridden a bicycle in order to visit places and/or take tour at touristic destinations







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